



# Senior News

## City of Chandler Senior Center

202 E. Boston Street  
Chandler, AZ 85225

480-782-2720

Fax: 480-782-2725

[www.chandleraz.gov/senior-adult](http://www.chandleraz.gov/senior-adult)

Monday–Friday  
8 am– 5 pm

*Holiday Closures:*  
Sept 7, Nov 11, 26 & 27

## BULLETIN BOARD

What time is it? 10 am? Time to party at the Senior Center!

Sept 9 - "Name That Tune" See if you can recognize a song from just a few notes!

Sept 11 - "Homecoming Party!" Welcome back all you vacationers! Carlotta Wheeler is entertaining us for this dance!

Sept 21 - "Glamour Makeover" - Kathy from ABG Therapeutic Massages is coming to treat the ladies to a makeover!

Oct 7 - Wheel of Fortune!

Oct 16 - "Into the Streets" Volunteers from CGCC are coming to play horse racing with us!

Oct 21 - Whistle Band - Come be part of our band of whistlers! No prior experience necessary!

Oct 30 - Halloween Party - Wear a cool costume and come party with Gene Mann!

Nov 4 - CGCC nursing students are coming to host a health and wellness fair!

Nov 9 - Veteran's Day Party! Dallas is coming to entertain us with the best patriotic songs there are!

Nov 18 - Let's play Jeopardy!

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### Nightlife at the Senior Center... \$5 for residents, \$7 for non-residents

**September 24** - Evening of Magic 5 - 6:30 pm

He's funny, he's from New York and he has the best magic in town. Gary Kane is coming to blow you away with his tricks! Be prepared to participate!

**October 22** - BBQ and Bingo 5 - 6:30 pm

Bingo is back! You can't win if you don't play! We've got hamburgers with all the trimmings and prizes you won't want to pass up!



**November 19** - Holiday Fun Prep Night 5 - 6:30 pm

The holidays are right around the corner and we have to get ready! We'll be making cards, the cutest Santa tulle wreath you've ever seen, and don't forget the hot chocolate and cookies!

## Site Council

Site Council is back in session and the board is:

**President:** Prannath Tiku, **Vice-President:** Ann Moore,

**Treasurer:** Ira Hutchinson, **Secretary:** Neil Bales.

**Site Council:** Bill Bennett, Lennie Bhaerman, Thelma Brown, Betty Crawford, Bert Crockett, Dwayne Jacobs, Mary Jane Jakubowski, Bert Johanson, LaVerne Johanson, George Pace, Gloria Pino-Lugo, Bob Reichard, Mary Ann Ringmann, Nick Simiz, Wanda Shaulis, Fred Utter, and Maretta Wood!

Anyone is welcome to attend the meetings held the second Monday of every month!

The next meeting will be September 21st.

### City of Chandler Recreation

**Recreation Coordinator II:** Nancy Jackson (480) 782-2722

**Recreation Coordinator I (Senior Center):** Eliza Haws (480) 782-2741

**Recreation Coordinator I (Therapeutics):** Collette Prather (480) 782-2709

**Customer Service Representative:** Loretta Colson (480) 782-2720

### Nutrition Program provided by Chandler Christian Community Center

**Senior Food Programs Manager:** Kelly Delgado (480) 782-2721

**Community Outreach Specialist:** Brianna Burrows (480) 503-6061

# Senior News

September–November 2015

## WEEKLY ACTIVITIES

### MONDAY

- Weights Exercise 8:30 am
- Standing Exercise 9 am
- Ceramics 9 am
- Chair Exercise 9:30 am
- Bunco 10 am
- Bridge 12 pm
- Bingo 12:15 pm

### TUESDAY

- Quilting 8:30 am
- Knitting/Crocheting 8:30 am
- Bridge 9 am
- Pinochle, Hand/Foot 12 pm
- Mah-Jong, 12:30 pm

### WEDNESDAY

- Ceramics 8 am
- Weights Exercise 8:30 am
- Standing Exercise 9 am
- Chair Exercise 9:30 am
- Bunco 10 am
- Hand/Foot 12 pm
- Pinochle 12 pm
- Bingo 12:15 pm
- Intermediate Bridge 12:30 pm

### THURSDAY

- Quilting 8:30 am
- Bridge, Crafts 9 am
- Food Box/Bread Distribution 10 am
- Pitch 12 pm
- Scrabble, Mexican Train Dominoes 12:30 pm
- Euchre 1 pm
- Bowling at Kyrene Lanes (\$7) 1 pm

### FRIDAY

- Weights Exercise 8:30 am
- Standing Exercise 9 am
- Chair Exercise 9:30 am
- Bunco 10 am
- Bridge 12 pm
- Bingo 12:15 pm
- Mexican Train Dominoes 1 pm

### MONDAY-FRIDAY ACTIVITIES

- Koffee Klatch 8 am
- Computer Lab 8 am-5 pm  
(excluding class time)
- Pool table 8 am-5 pm  
(excluding exercise time and bridge)
- Lunch 11:30 am

## SPECIAL SERVICES

### Have Questions?

Call the **Senior Help Line** 602-264-4357.

**Transportation: Dial a Ride** 480-633-0101 ext. 4  
**Coupons for Cabs** 480-962-7433

**Peer Counseling:** These free support services can help you work through problems, manage stress, achieve goals and cope with grief or depression. Contact Renee Ouellet with EMPACT at (602) 672-5048 for details and to make an appointment.

**Benefits Assistance Program:** Area Agency on Aging provides free Medicare consultations the second Monday of every month. Call the front desk to make an appointment.

**Health Screenings:** St. Luke's Hospital sponsors blood pressure readings for free the first Thursday of every month starting at 9 am.

**AARP Smart Driver Course:** Classes are offered the third Thursday of every month from 1-5 pm! Class fee is \$15 for AARP members, and \$20 for non-AARP members. Sign up in advance!

**Legal Consultations:** Attorney Cami Pickett is available for 30-minute legal consultation sessions on September 23rd and October 21st from 9 am through 11:30 am. Sign up at the front desk for an appointment!

**MedAssure:** Keith from MedAssure will be in to adjust your ambulatory devices. He can fix your wheelchair, walker or cane! Just bring it in September 23 or November 25 at 10 am!

**BMI Screenings:** Gemini Hospice offers free Body Mass Index (BMI) and blood pressure screenings the third Thursday of every month starting at 9 am.

**Computer Help:** Andrea Grech and Uma Nagulapalli from My House In-Home Care are here to assist you on Thursday mornings from 8:30-10 am in the computer lab. Bring in any and all questions!

**Science of Mindfulness Group:** Come get acquainted with how your mind works and learn more about how to better understand yourself and the people around you! This is a research based path to well-being. This group meets Thursdays from October 8 to December 17th from 10:15 am-11:00 am.

**Open Share Group for Spanish Speakers:** Todos que quieren conocer a otras personas que hablan espanol y compartir historias de la vida sean bienvenidos a este grupo! Van a reunirse los jueves empezando el 8 de octubre hasta el 17 de diciembre de 10:30 am-11:15 am.

# Senior News

September–November 2015

## CLASSES

### BEGINNING/INTERMEDIATE WATER COLOR

Learn everything from how to apply the paint to composition and color. Experienced painters will improve their skills and learn new tricks. Students must bring their own supplies. Supply list available at the Senior Center.

Resident fee: \$63	Non-resident fee: \$86	
Tu 9/22-11/10	9:30 a.m.-12 p.m.	55 yrs+

### BEGINNER BRIDGE

Want to learn how to play bridge? Chandler Senior Center is the place to do it! Come start from the beginning and learn alongside other newbies! There are opportunities to continue to practice with our bridge groups afterwards for free!

Resident fee: \$28	Non-resident fee: \$38	
M/Th 10/5-10/15	1:30-3:30 p.m.	55 yrs+
M/Th 11/16-11/30	1:30-3:30 p.m.	55 yrs+

\*no class 11/26

### EXCEL I: INTRO TO MICROSOFT EXCEL

This class provides an introduction to Microsoft Excel for beginners. Subjects include file manipulation, formatting, printing and templates. Learn how to use Excel to organize your work, finances and hobbies!

Resident fee: \$18	Non-resident fee: \$25	
W 9/2-9/30	5:30-6:30 p.m.	18 yrs+

### EXCEL II FOLLOW-UP CLASS

Resident fee: \$26	Non-resident fee: \$35	
W 10/7-11/4	5:30-7 p.m.	18 yrs+

### FACEBOOK FOR BEGINNERS

This workshop is for the individual looking to learn how to use Facebook, a web application used for social networking.

Resident fee: \$9	Non-resident fee: \$13	
Th 9/24	7-9 p.m.	18 yrs+
Tu 10/13	7-9 p.m.	18 yrs+

### FAMILY MEMORIES WRITING CLASS

Using creative nonfiction techniques, write short vignettes to share with your children, grandchildren, and friends.

Resident fee: \$28	Non-resident fee: \$38	Supply fee: \$10
M 9/14-10/5	10:30 a.m. - 12:30 p.m.	18 yrs+
M 10/12-11/2	10:30 a.m. - 12:30 p.m.	18 yrs+

## HERE'S MY LIFE

Combine your living history, memories and photos into an expandable book. A written guide and instructor advice will help preserve your family history and create something priceless.

Resident fee: \$3	Non-resident fee: \$5	Supply fee: \$25
W 9/2	12-1:30 p.m.	55 yrs+
W 10/7	12-1:30 p.m.	55 yrs+
W 11/4	12-1:30 p.m.	55 yrs+

## LINE DANCE

It's not only fun, it's exercise for the mind and body! Come out, learn some new moves and dance!

Resident fee: \$16	Non-resident fee: \$22	
Tu 9/8-9/29	2-3 p.m.	55 yrs+
Tu 10/6-10/27	2-3 p.m.	55 yrs+
Tu 11/3-11/24	2-3 p.m.	55 yrs+

## ADVANCED LINE DANCE

Know your line dances? Want to shake it up, learn harder ones and become a better dancer? Come on out and dance some more!

Resident fee: \$16	Non-resident fee: \$22	
F 9/4-9/25	2-3 p.m.	55 yrs+
F 10/2-10/23	2-3 p.m.	55 yrs+
F 10/30-11/20	2-3 p.m.	55 yrs+

## MICROSOFT WORD

In this workshop, you will learn how to use the HOME menu bar and how to format text.

Resident fee: \$9	Non-resident fee: \$13	
Tu 9/1	7-9 p.m.	18 yrs+
Th 11/19	7-9 p.m.	18 yrs+

## MICROSOFT POWERPOINT

This workshop teaches all the basic features associated with PowerPoint 2010.

Resident fee: \$9	Non-resident fee: \$13	
Tu 9/15	7-9 p.m.	55 yrs+
Th 10/22	7-9 p.m.	55 yrs+

## PINTEREST FOR BEGINNERS

Learn how to use Pinterest, a web application with which you can collect, share, and use as an organizational tool.

Resident fee: \$9	Non-resident fee: \$13	
Tu 9/29	7-9 p.m.	55 yrs+
Th 11/5	7-9 p.m.	55 yrs+

## YOUTUBE FOR BEGINNERS

Learn the basics of YouTube, a web application used to store, upload and view videos.

Resident fee: \$9	Non-resident fee: \$13	
Th 10/8	7-9 p.m.	55 yrs+
Tu 10/27	7-9 p.m.	55 yrs+

## CLASSES, CONTINUED

### PASSPORT SPANISH

Not looking to master the language but want to know a little for your upcoming trip to (insert any Spanish-speaking country)? You'll be ready!

Resident fee: \$41      Non-resident fee: \$55      Supply fee: \$5  
Th      9/3-10/22      1-2:30 p.m.      55 yrs+

### TAI CHI CH'UAN - BEGINNERS

Come learn a martial art exercise that will improve your stamina and strength! Wear comfortable, loose fitting clothing.

Resident fee: \$34      Non-resident fee: \$46      Supply fee: \$3  
M/W      9/9-10/12      2:45-3:45 p.m.      55 yrs+  
M/W      10/14-11/18      2:45-3:45 p.m.      55 yrs+

### TAI CHI CH'UAN - INTERMEDIATE

Second level!

Resident fee: \$34      Non-resident fee: \$46  
M/W      9/9-10/12      1:30-2:30 p.m.      55 yrs+  
M/W      10/14-11/18      1:30-2:30 p.m.      55 yrs+

### YOGA AND MEDITATION

Learn exercises to release tension from your mind and body. Learn to use these meditation techniques to gradually optimize health. Bring an exercise mat and towel.

Resident fee: \$28      Non-resident fee: \$38  
Th      9/17-11/5      11:30 a.m.-12:30 p.m.      18 yrs+

### ZUMBA GOLD

Come dance and get fit! This class brings the excitement of the Latin and international dance rhythms from the original ZUMBA program to the active adult population!

Resident fee: \$16      Non-resident fee: \$22  
M      9/14-10/5      11:30 a.m. - 12:30 p.m.      55 yrs+  
M      10/12-11/2      11:30 a.m. - 12:30 p.m.      55 yrs+  
M      11/9-11/30      11:30 a.m. - 12:30 p.m.      55 yrs+

### ASHTANG YOGA

Rid yourself of physical and mental illness and gain a healthy body, positive mind, and good posture.

Resident fee: \$34      Non-resident: \$46  
W      9/21-10/21      7-8 p.m.      18 yrs+  
W      9/21-10/21      8:30-9:30 a.m.      18 yrs+

**Full class listing in Break Time Magazine**

## MONTHLY OUTINGS

### Movies and Lunch!!!

#### What more could you want?!?

Sign up at the Senior Center and come join us!  
Transportation is provided and you pay your way!

#### September

Movie: Sept 8 - \$2 at Pollack Cinemas.

The movie will be chosen on August 28

Lunch: Sept 15 - Café Cornucopia 11 am

#### October

Movie: Oct 6 - \$2 at Pollack Cinemas.

The movie will be chosen on Sept 25

Lunch: Oct 14 - Cracker Barrel 11 am

#### November

Movie: Nov 3 - \$2 at Pollack Cinemas.

The movie will be chosen on October 30

Lunch: Nov 17 - Babbo Italian Eatery 11 am

### Monthly Trips to the Casino

#### Wednesday, September 30

##### Wild Horse Pass or Lone Butte Casino

Cost: \$5

Pick up at 8:30 am

Return between 4:30 and 5:00 pm

#### Wednesday, October 28

##### Apache Gold Casino

Cost: \$20 cash registration

Everyone gets \$25 to start at the slots!

Pick up at 8:30 am

Return between 4:30 and 5:00 pm

#### Wednesday, November 25

##### Mazatzal

Cost: \$5

Pick up at 8:15 am

Return between 4:30 and 5:00 pm

All cancellations must be made 24 hours or more in advance to have money refunded to you or put on your account. All cancellations made less than 24 hours in advance will forfeit their fee. Please register at the front desk.



September–November 2015

## ADVENTURES AND EXCURSIONS

**\*\*All cancellations must be made 3 business days in advance to receive a full refund. Less than 3 days notice will result in a 50 percent refund. No refund will be issued for cancellations made on the day of an excursion.**

**Sunday, September 13 - Grandparents Day at the Diamondbacks Game!**  
Call front desk for details!

**Wednesday, September 16 - Comedy Show at Solterra Senior Living**  
**Cost: FREE**

- Solterra is inviting us to visit their facility and enjoy a Comedy Show! Come see a beautiful facility, enjoy some snacks, and laugh the night away!
- Leave at 5:45 pm; return approximately 7:15 pm

**Friday, September 18 - ASU Women's Volleyball vs UNLV**

**Cost: \$4 registration fee, \$6 non-residents**

- Fear the fork! Come watch the fearless Sun Devil nation take on UNLV in volleyball. These ladies are something to watch for sure!
- Leave at 11:30 am; return approximately 3:00 pm

**Wednesday, September 23 - Hoe-Down at Gilbert**  
**Cost: FREE**

- Chandler Gilbert Community College is hosting a country western dance at Gilbert Senior Center and we're invited to join in the fun! Let us know if you want a spot on the bus!
- Leave at 1:30 pm; return approximately 4:30 pm

**Friday, September 25 - Improv Mania**

**Cost: \$10 registration fee, \$14 non-residents**

- This live improv comedy show is fast-paced and is made up on the spot based on audience suggestions. It's a hoot and it's right in our front yard!
- Leave at 6:30 pm; return approximately 8:30 pm

**Tuesday, October 13 - Tombstone**

**Cost: \$25 registration fee, \$34 non-residents**

- Come with us to learn about the history of this old western town and experience the legend of Tombstone! We're going to start with a talking tour and live show delivered by the legendary Dr. Jay, a historian who will give you a taste of what Tombstone is all about! After that, the day is yours to explore! Dr. Jay will give us all a sheriff's badge that gives us discounts to places all over town!
- Leave at 7:00 am; return approximately 7:00 pm

**Friday, October 23 - Arizona State Fair**

**Cost: \$3 registration fee, \$5 non-residents**

- The biggest carnival in town is back and if you want anything fried, this is definitely the place to get it! Lots to see, taste, ride, and experience! Check in with us a couple weeks before to find out the entrance fee.
- Leave at 11:30 am; return approximately 5:00 pm

**Free Spirit Vacations and Events Tour:**

**Friday, October 23 - Verde Canyon Railroad**

**Cost: \$125 pp (coach), \$175 pp (first class)**

- Board the Verde Canyon Railroad for a four hour diesel train journey to places only accessible by rail. See crimson cliffs, eagle nests, white water rapids, and abandoned gold mines.
- See the front desk for special registration information.

**Friday, November 13 - Fountain Festival of the Arts and Crafts**

**Cost: \$3 registration fee, \$5 non-residents**

- Fountain Hills not only has a fountain that shoots up 560 feet into the air every hour on the hour, it has a fall arts and crafts festival that has over 500 artists and artisans ready to show you their goods!
- Leave at 9:30 am; return approximately 4:00 pm

**Wednesday, November 18 - Barleens AZ Opry Old Time Rock and Roll Show and Dinner Theater**

**Cost: \$38 registration fee, \$51 non-residents**

- Barleens offers one of the best dinner theater shows in the valley! This one features all 50's and 60's Rock and Roll music after serving you a delicious double entrée dinner of tender beef with gravy and chicken with rice. And don't forget our personal favorite, Opry's famous "chocolate cake".
- Leave at 5:30 pm; return approximately 10:30 pm

**Tuesday, December 1 - Feed My Starving Children**

**Cost: \$3 registration fee, \$5 non-residents**

- It's the time for giving and what better way to give than to pack food for children that are literally starving all around the world? We are taking a small group to pack meals in Mesa and then going to lunch at Red Lobster. Please note that you must be able to stand on your own for about an hour to package food and be willing to wear a hair net. You won't regret giving of your time!
- Leave 9:00 am; return approximately 1:30 pm

# September 2015

## MUSIC, EDUCATION, AND OTHER EXTRACURRICULAR OPPORTUNITIES

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 Pollack Cinemas 10 am - Men's Open Share	2 10 am - Essential Oils Education	3 9 am - Computer Help 9 am - Blood Pressure Checks 9 am - Crafts with Juanita 9:30 am - Tai Chi Qigong	4 9am - Breakfast with No Place Like Home Care 10 am - Music with Jay Mitchell 10 am - Creating Cards with Heather	5
6	7 CLOSED for LABOR DAY	8 TBD - \$2 movie at Tempe 9 am - Paper Crafts with Wanda 10 am - Men's Open Share	9 10 am - "Name That Tune" 1:30 pm - Rummikub Group	10 9 am - Computer Help 1 pm - Movie: "Cada Noche un Amore" starring Sarita Montiel	11 10 am - ABG Therapeutic Hand and Chair Massages 10 am - "Homecoming Party" with Carlotta Wheeler	12
13 12 pm - Grandparent's Day Dbacks Game!	14 9 am - Benefits Assistance 10 am - "Aging Happens: Understanding Senior Care Options" with Amada Senior Care	15 10 am - Music with MJ Moore 11 am - Out to Lunch: Café Cornucopia	16 10 am - Singing with Arlin and Ralph 5:30 pm - Trip to Solterra to see Comedy Show	17 9 am - Computer Help 9 am - BMI Checks with Gemini Hospice 9 am - Crafts with Juanita	18 9 am - Fall Prevention Program 10 am - Music with Dallas West 11:30 am - ASU Women's Volleyball Game 1:15 pm - Movie: The 2nd Best Exotic Marigold Hotel	19
20	21 9:30 am - Site Council Meeting 10 am - "Glamour Makeover" with Kathy	22 9 am - Paper crafts with Wanda	23 9 am - Legal Aid 10 am - Safeway Flu Shots 10 am - MedAssure	24 9 am - Computer Help 9 am - Angel Committee 9:30 am - Tai Chi Qigong 5 pm - Evening of Magic	25 9 am - Fall Prevention 10 am - Music with David Keller 6:15 pm - Improv Mania	26
27	28 10 am - Art Social with Steph from Chandler Memory Care 10 am - Looney Tuners	29	30 8:30 am - Wild Pass or Lone Butte Casino 10 am - Presentation on Medicare			

# October 2015

## MUSIC, EDUCATION, AND OTHER EXTRACURRICULAR OPPORTUNITIES

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 9 am - Computer Help 9 am - Blood Pressure Checks with St. Luke's Hospital 9 am - Crafts with Juanita 9:30 am - Tai Chi Qigong	2 9 am - Fall Prevention 10 am - ABG Therapeutic Hand and Chair Massages 10 am - Creating Cards w/ Heather	3
4	5 9 am - Benefits Assistance 10 am - Music with Jay Farris	6 TBD - \$2 movie at Tempe Pollack Cinemas	7 10 am - Wheel of Fortune	8 9 am - Computer Help 9:30 am - Tai Chi Qigong	9 9 am - Fall Prevention 10 am - Food Stamps Presentation	10
11	12 9 am - Benefits Assistance	13 7 am - Tombstone Trip 9 am - Paper Crafts with Wanda 10 am - Music with Howard	14 10 am - Singing with Ralph and Arlin 11 am - Out to Lunch: Cracker Barrel 1:30 pm - Rummikub Group	15 9 am - Computer Help 9 am - BMI and BP Testing 9 am - Crafts with Juanita 9:30 am - Tai Chi Qigong	16 9:15 am - Horse Races with volunteer college students 9 am - Fall Prevention 10 am - Safeway Flu Shots 1:15 pm - Movie: Woman in Gold	17
18	19 9:30 am - Site Council Meeting	20 10 am - Music with Carl Nyberg	21 9 am - Legal Aid 10 am - Whistle Band	22 9 am - Computer Help 9:30 am - Tai Chi Qigong 12 pm - Ice Cream with Brookdale 5 pm - BBQ and Bingo	23 Early - Verde Canyon Railroad Trip 9 am - Fall Prevention 10 am - "Pre-planning and Veteran's Benefits" with Dignity Memorial 11:30 pm - State Fair	24
25	26 10 am - Art Social with Steph from Chandler Memory Care 10 am - Music with Bob Doszak	27 9 am - Paper Crafts with Wanda 10 am - San Tan Chiropractic	28 8:30 am - Trip to Apache Gold Casino 10 am - "Aging Happens: Understanding Senior Care Options"	29 9 am - Computer Help 9:30 am - Tai Chi Qigong	30 9 am - Fall Prevention 10 am - Halloween Costume Party with Gene Mann	31

# November 2015

## MUSIC, EDUCATION, AND OTHER EXTRACURRICULAR OPPORTUNITIES

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 10 am - Medicare Open Enrollment Help	3 TBD - \$2 movie at Tempe Pollack Cinemas	4 10 am - CGCC Nursing Health Fair 1:30 pm - Rummikub	5 9 am - Computer Help 9 am - Blood Pressure Checks with St. Luke's Hospital 9 am - Crafts with Juanita	6 9 am - Fall Prevention 10 am - Creating Cards with Heather 10 am - ABG Therapeutic Hand and Chair Massages	7
8	9 9 am - Benefits Assistance 10 am - Veteran's Day Party	10 9 am - Paper Crafts with Wanda	11 CLOSED for VETERANS DAY	12 9 am - Computer Help 9:30 am - Tai Chi Qigong	13 9:30 am - Fountain Festival of Arts and Crafts 10 am - Weatherization Presentation	14
15	16 9:30 am - Site Council Meeting 10 am - Looney Tuners	17 10 am - MJ Moore 11 am - Babbo Italian Eatery	18 9:30 am - Hearing Screenings with Connect Hearing 10 am - Jeopardy 5:30 am - Barleens AZ Opry	19 9 am - Computer Help 9 am - BMI and Blood Pressure 9 am - Crafts with Juanita 9:30 am - Tai Chi Qigong 5 pm - Holiday Prep Night	20 10 am - Dart the Turkey 1:15 pm - Movie: Big Eyes	21
22	23 9 am - Benefits Assistance 10 am - Music with Jay Mitchell	24 9 am - Paper Crafts with Wanda	25 8:30 am - Mazatzal Casino 10 am - Singing with Arlin and Ralph 10 am - MedAssure	26 CLOSED FOR THANKSGIVING	27 CLOSED FOR THANKSGIVING	28
29	30 10 am - Art Social with Steph from Chandler Memory Care					





**CITY OF CHANDLER**  
Community Services Department  
Mail Stop 501, P.O. Box 4008  
Chandler, AZ 85244-4008



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Chandler Senior Center  
202 East Boston Street

# Senior News

## "Read All About Us!"



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